

Food, Food, Food, and Food for Thought



To help you learn about your family, try this fun activity!

Collect 12 good recipes from your family members and friends. Get extra information about each recipe: Where did it come from? How old is it? Is it a tradition? etc.

Use your 12 recipes to make a calendar. On a large sheet of paper glue each of your calendar months. Draw a picture at the top. Leave room to glue on your recipe. Be sure to write down an interesting fact about the recipe.



Each month get someone in your family to cook the recipe of the month!

* Make extra copies to give as gifts. Your family will love it!



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